



Sun Fish Grill
Monterey
Shopping Center
813 B Ocean Trail,
Corolla, NC
252-453-4663
sunfishgrillbox.com



Sun Fish Grill offers fresh
seafood, sandwiches,
platters and more in a
friendly and fun restaurant.
We serve a wide variety
of seafood, steak, chicken,
pasta, vegetarian dishes
and a full children's menu,
along with much more!

Hours

Mon - Sun | 11am - 9pm
Lunch & Dinner

All Items and Prices are
Subject to Change.



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SUN FISH GRILL

Appetizers

Mussels	12.99
<i>Sautéed with white wine, shallots, and garlic finished with a tomato saffron cream broth. Served with a warm baguette.</i>	
Crab Bites	10.99
<i>Crab bites lightly fried, served with a housemade remoulade.</i>	
Calamari Basket.....	10.99
<i>Lightly fried calamari mixed with popcorn shrimp and bay scallops.</i>	
Ahi Tuna.....	14.99
<i>Fresh Tuna seared rare on a bed of Asian slaw with wasabi cream, hoisin, and sriracha.</i>	
Steamed Shrimp.....	18.99
<i>1 lb. Steamed peel and eat.</i>	
Steamed Crab Legs	Market Price
<i>2 or 3 clusters.</i>	
Ghost Nachos.....	12.99
<i>Homemade potato chip dusted in Old Bay then topped with chicken, bacon, red onion, nacho and ghost pepper cheese.</i>	
Wings.....	9.99
<i>Fresh never frozen wings served with Buffalo or BBQ.</i>	
Fried Green Tomatoes.....	9.99
<i>Lightly fried local green tomatoes layered with goat cheese and accented with a chipotle aioli.</i>	
New England Clam Chowder.....	4.99 / 6.99
<i>A traditional New England Cream Style chowder.</i>	
She Crab Soup	5.99 / 7.99
<i>A North Carolina specialty.</i>	
House Salad.....	7.99
<i>Mixed greens with tomato and summer veggies.</i>	
The Bounty Salad.....	14.99
<i>We start with mixed greens, add asparagus, zucchini, summer squash, tomatoes, topped with avocado, goat cheese, blueberries and strawberries.</i>	
Caesar Salad.....	9.99
<i>Romaine, shredded Parmesan cheese, house made Caesar dressing, and croutons.</i>	
Spinach Salad.....	11.99
<i>Baby spinach, red onions, strawberries, pecans, topped with goat cheese.</i>	
<i>Add: Lobster 14, Chicken 7, Shrimp 8, Crab Cake 12</i>	

Lunch

Lobster Roll	19.99
<i>Fresh chilled Maine lobster meat stuffed in a toasted split top bun, no filler, just lobster.</i>	
Crab Cake Sandwich	13.99
<i>Pan seared, served on Brioche bun with lettuce, tomato and house made remoulade.</i>	
Sun Fish Grill Tacos.....	14.99
<i>Three corn tortillas with sautéed Mahi Mahi, avocado, cabbage, pico de gallo and chipotle aioli.</i>	
Beyond Burger.....	12.99
<i>Plant-based soy burger, GMO and gluten-free. Beyond burger is deliciously juicy and packs 20 grams of plant protein.</i>	

Crabster Wrap	16.99
<i>Fresh lump crab and lobster meat with romaine and tomatoes, topped with house made remoulade on an herb garlic wrap.</i>	
Shrimp Basket	11.99
<i>Shrimp breaded and fried.</i>	
Fish Basket.....	11.99
<i>Flounder and fries.</i>	
Scallop Basket.....	14.99
<i>Deep fried local scallops.</i>	
Oyster Basket.....	14.99
<i>Breaded and fried and so good.</i>	
Fish Sandwich	11.99
<i>Flounder, hand breaded, fried served with lettuce and tomato.</i>	
Build Your Own Burger	10.99
<i>Handmade, 3 blend, cooked med well, served with lettuce, tomato, red onion and choice of Cheddar, Swiss or American Cheese.</i>	
<i>*Add:* Bacon 1.50, Avocado 1.50, Sautéed mushrooms or onions 1.50</i>	
Sun Fish Grill Burger	12.99
<i>Our fresh blended meat burger with bacon jam, pickled red onion, avocado, Swiss cheese and chipotle aioli.</i>	
<i>*Add:* Bacon 1.50, Sautéed mushrooms or onions 1.50</i>	
Chicken Caesar Wrap	10.99
<i>Romaine lettuce with parmesan cheese mixed with classic Caesar dressing with all natural grilled chicken in an herb garlic tortilla.</i>	
Chicken Basket	10.99
<i>Breaded and deep fried fresh all natural chicken breast strips</i>	
Smoked Pulled Pork	10.99
<i>Carolina smoked pork lightly drizzled with our house-made BBQ sauce and finished with cole slaw served on a toasted Brioche bun.</i>	

Dinners and Specialties

Shrimp & Grits.....	21.99
<i>Sautéed shrimp and Andouille sausage in a zesty cream sauce over stone ground cheddar grits.</i>	
Seared Ahi Tuna	23.99
<i>Fresh Ahi tuna, seared rare, served with Asian slaw and sautéed vegetables.</i>	
Crab Cakes.....	26.99
<i>Three ingredients, zero filler. Two jumbo crab cakes baked and served with mixed greens.</i>	
Fisherman's Feast	35.99
<i>A colossal dish with scallops, shrimp, oysters and flounder all fried served with fries and onion rings. Seafood Lovers only.</i>	
Fresh Flounder.....	19.99
<i>Fresh Flounder filet pan-seared or fried golden.</i>	
Sea Scallops	25.99
<i>Tender, sweet, dry and local caught scallops. Gluten-free. Pan seared or deep fried.</i>	
Fresh Oysters.....	22.99
<i>Fresh plump oysters golden fried.</i>	

SAMPLE MENU

Salmon.....	24.99
<i>Fresh salmon with a whiskey pecan glaze.</i>	
Shrimp.....	18.99
<i>Juicy shrimp grilled or golden fried.</i>	
Shrimp Scampi.....	19.99
<i>Shrimp sautéed in a garlic white wine sauce with shallots served over pasta.</i>	
Pork Ribs.....	Half 15.99 / Full 23.99
<i>St Louis style ribs finished with our housemade BBQ sauce.</i>	
NY Strip.....	24.99
<i>Grilled to your temperature finished with a Chef's choice sauce.</i>	
Chicken Portobello	18.99
<i>All natural chicken, sautéed spinach, roasted red peppers, and portobello mushrooms over pasta, finished with a rich cream sauce.</i>	
Chicken Florentine.....	17.99
<i>All natural chicken breast baked, stuffed with spinach then topped with our Parmesan cream sauce.</i>	
Veggie Pasta	17.99
<i>Vegan. Fresh veggies sautéed in garlic and olive oil served over a creamy (nut free) pesto sauce.</i>	

Guppies Menu

For Children 12 and younger

Chicken Strips	5.99
<i>All natural fresh chicken breast, cut in strips breaded and fried or grilled. Served with fries or applesauce.</i>	
Mac & Cheese.....	4.99
<i>Made to order, elbow macaroni and yellow cheese with applesauce or fries.</i>	
Pasta.....	4.99
<i>Linguine. Choose alfredo, marinara, butter & cheese or plain. Choice of fries or applesauce. *Chicken add 4.</i>	
Kid Burger.....	4.99
<i>All beef 1/4 lb with or without cheese. Toppings upon request. Served with fries.</i>	
Small Fry Fish.....	6.99
<i>Hand breaded flounder fried and served with fries.</i>	
Bay Scallop Basket.....	6.99
<i>Fresh Bay Scallops, fried and served with fries.</i>	
Popcorn Shrimp	6.99
<i>Tiny shrimp, breaded, fried and served with fries</i>	
Peanut Butter and Jelly	3.99
<i>American classic. Yes, we will cut the crust. Served with applesauce or fries.</i>	
Grilled Cheese.....	4.99
<i>American Cheese on white bread. Served with fries or applesauce.</i>	
Hot Dog.....	4.99
<i>Grilled, served with fries.</i>	
Fruit Cup.....	1.99
<i>Refreshing fresh fruit. May vary according to season.</i>	